WEEK 1

WEEK 2

-eb. 25yh

Feb. 4th



MON TUES WED THURS FRI

AM SNACK: Fresh Fruit + Cereal + Milk / FRIDAY: Challah + Grape Juice + Cream Cheese

Blueberry Scone Cucumbers Milk or Water Cream Cheese Mini Bagel + Tomato Milk or Water

Pea Butter Wrap Milk or Water Fresh Fruit Crackers Milk or Water Yogurt Blueberries Granola

AM SNACK: Fresh Fruit + Cereal + Milk / FRIDAY: Challah + Grape Juice + Cream Cheese

Quinoa Ruits Applesauce Milk or Water

Cran-Oat Cookie Cucumbers Milk or Water Beet Hummus Pita Milk or Water Fresh Fruit Crackers Milk or Water

Yogurt Blueberries Granola

AM SNACK: Fresh Fruit + Cereal + Milk / FRIDAY: Challah + Grape Juice + Cream Cheese

Fruit Muffin Cucumbers Milk or Water

Cream Cheese Mini Bagel + Blueberries Milk or Water Pea Butter Pita Milk or Water Fresh Fruit Crackers Milk or Water

Yogurt Blueberries Granola

AM SNACK: Fresh Fruit + Cereal + Milk / FRIDAY: Challah + Grape Juice + Cream Cheese

Cran-Oat Cookie Cucumbers Milk or Water Rice Crackers Applesauce Milk or Water Hummus Wrap Milk or Water Fresh Fruit Crackers Milk or Water

Yogurt Blueberries Granola

Ages 1 to 2 yrs: 3.25% milk | 2+ yrs: 2% milk / All bread , rice, pasta and pancakes are whole grain



LOCALLY SOURCED FIRST



BACKGROUND CHECKS ON INGREDIENTS for additives and preservatives



C.C.E.Y.A COMPLIANT



DIETICIAN REVIEWED MENU



CULTURALLY DIVERSE MEALS globally inspired



FOOD KIDS LOVE! full nutrition for healthy, growing bodies



KOSHER MEAT AND DAIRY Cholov Yisroel



FAMILY ORIENTED for your healthy, active family



COMPLETELY NUT FREE



QUALITY, WHOLE FOODSOnly whole grains



ALLERGY ALTERNATIVES



MENU VARIABILITYmonthly rotations with seasonal features