



Gan Yeladim

AM + PM Snack Menu

FEBRUARY 2024



@AlphabetKidsInc
#foodkidslove

MON

TUES

WED

THURS

FRI



Feb 5th

Granola Bar
Carrots
Milk or Water

Cream Cheese
Mini Bagel + Tomatoes
Milk 1 oz and Water

Banana Muffin
Cucumber
Milk and Water

Fruit Yogurt
Granola or
Chia Seeds

Challah
Grape Juice
Soy Butter

WEEK 1

AM SNACK: Fresh Fruit + Cereal + Milk

Feb 12th

Carrot Muffin
Carrots
Milk or Water

Hummus
Crackers
Milk and Water

Lemon Cran Muffin
Cucumber
Milk and Water

Fruit Yogurt
Granola or
Chia Seeds

Challah
Grape Juice
Soy Butter

WEEK 2

AM SNACK: Fresh Fruit + Cereal + Milk

Feb 19th

Granola Bite
Carrots
Milk or Water

Cream Cheese
Crackers + Olives
Milk 1 oz and Water

Apple Muffin
Cucumber
Milk and Water

Fruit Yogurt
Granola or
Chia Seeds

Challah
Grape Juice
Soy Butter

WEEK 3

AM SNACK: Fresh Fruit + Cereal + Milk

Feb 26th

Oatmeal Cookie
Carrots
Milk or Water

Hummus
Pita
Milk and Water

Blueberry Scone
Cucumber
Milk and Water

Fruit Yogurt
Granola or
Chia Seeds

Challah
Grape Juice
Soy Butter

WEEK 4

AM SNACK: Fresh Fruit + Cereal + Milk

Ages 1 to 2 yrs: 3.25% milk | 2+ yrs: 2% milk | May be provided with each meal by the Centre and is Kosher (not Cholov Yisroel)



LOCALLY SOURCED FIRST



KOSHER MEAT AND DAIRY
Cholov Yisroel



C.C.E.Y.A COMPLIANT



BACKGROUND CHECKS
for additives and preservatives



COMPLETELY NUT FREE



FOOD KIDS LOVE!
full nutrition for healthy, growing kids



CULTURALLY DIVERSE MEALS
globally inspired



QUALITY, WHOLE FOODS
Only whole grains



MENU VARIABILITY
monthly rotations with seasonal features



DIETICIAN REVIEWED MENU



ALLERGY ALTERNATIVES

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